Moorfields
Eye Hospital Dubai
A BRANCH OF MOORFIELDS LONDON

MARCH 2019

INFOCUS

WELCOME TO THE MARCH ISSUE OF INFOCUS

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Patient Testimonials

Moorfields
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مستشفى
مورفيلدز
دبي للعيون
PATIENT
STORY

Meet Scott Darden who has found his one stop for everything related to his eyes. Have you found yours yet? Dr Luisa Sastre, Specialist Ophthalmologist in Medical Retina, successfully treated Mr. Darden for Viral Conjunctivitis.

Meet Jacqueline Pym. She was treated by Dr. Osama Giledi, Consultant in Cataract, Cornea and Refractive Surgery at Moorfields Dubai.

“I had been wearing 3 pairs of glasses for years and this had become very frustrating. Once I was examined at Moorfields Dubai by Dr Osama Giledi and diagnosed with presbyopia and cataracts, the treatment of having cataract removal and the trifocal intraocular lens (IOL) implant procedure was the best option for my case, with an additional benefit of allowing me to stop using multiple pairs of glasses. After the surgery, I was able to see very well without the need to wear any glasses for all viewing distances. I’m extremely happy with the results that Moorfields Dubai achieved for me, and the care and expertise Dr. Osama and the team showed.” – Jacqueline Susan Pym

The trifocal lens implant procedure is a good option for patients over the age of 50, who want freedom from wearing glasses to have clear vision at all viewing distances.

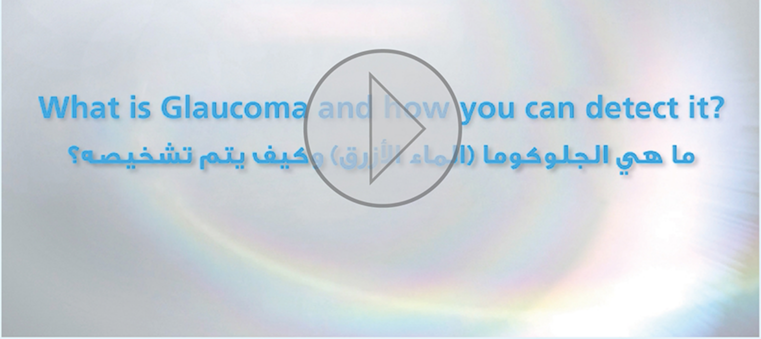
Meet Tedros Rezene Zere, who recently had successful surgery for Pterygium here at Moorfields Dubai. Dr. Sandra who is fluent in Portuguese performed the surgery. Mr. Tedros was very happy with the service and even more pleased to find a doctor who spoke the same language as him. This is the level of comfort and happiness we aim for at Moorfields Dubai.

At Moorfields Dubai, we go the extra mile to care for our patients. We believe that in order to truly understand what our patients are going through as a result of vision problems, and to ensure that our patients are given the best possible care, we wanted our staff to walk a mile in their shoes.

We had an activity for our staff for which the objective was to give our staff insights into the difficulties faced by some of our patients. Our staff were asked to perform some of the everyday tasks, such as making a cup of tea, reading, using a computer, and counting money while wearing blindfolds or glasses with customised lenses that makes them have double and blurry vision.

We see a wide range of patients with different types of visual impairment, our activity allowed the staff to experience how difficult everyday tasks can become with different visual problems/impairments, to enable them to better assist our patients.

Be Aware of Glaucoma, the ‘Sneak Thief of Sight’


What is Glaucoma and how you can detect it?
ما هي الجلوكوما (الماء الأزرق) وكيف يتم تشخيصه؟

Glaucoma is a devastating disease, but it is treatable and blindness can be prevented through early diagnosis. As Glaucoma has few warning signs or symptoms before damage has occurred, it is essential to have regular eye examinations. If Glaucoma is detected, our highly qualified Consultant Ophthalmic Surgeon, Dr. Sohaib Mustafa, can provide highly effective treatment.

Call +971 4 429 7888 or click here to book an appointment for a screening, one hour could make a huge difference to the rest of your life.

Upcoming Visiting Consultant and Ocularist Schedule

Dr. Muralidharan Upendran
Visiting April 6-8, 2019

MBBS, MS (Ophth), MRCOphth, FRCOphth
Consultant Ophthalmologist, Vitreo-retinal Surgeon
GCAA Approved Specialist Medical Examiner

Dr. Upendran is a Consultant Ophthalmologist with sub-specialist training in Vitreo-Retinal surgery. He specialises in the surgical management of retinal disorders including retinal detachment, macular disease, diabetic retinopathy and ocular trauma.
Click here for full bio.

Dr. Qasiem Nasser
Visiting April 6, 7 and 9, 2019

MD, MRCOphth, FEBO, FRCS(Ed)
Consultant Ophthalmic Surgeon
Specialist in Oculoplastic Surgery
Specialist in Cataract & Refractive Vision Correction Surgery

Dr. Nasser is a Consultant Ophthalmic Surgeon with dual Fellowship training in Oculoplastic Surgery as well as Cornea, Cataract and Anterior Segment Surgery.
Click here for full bio.

Prof. Mandeep Sagoo
Visiting April 20, 2019

Consultant Ophthalmic Surgeon
Professor of Ophthalmology and Ocular Oncology
Moorfields Eye Hospital & Barts Health NHS Trust, UCL Institute of Ophthalmology, London, UK

Prof. Sagoo is a Consultant Ophthalmic Surgeon with clinical practice in the management of adult and paediatric eye tumour. He specialises in Oncology, Retinoblastoma and Medical Retina. Click here for full bio.

Dr. Yassir Abou-Rayyah
Visiting April 20-22, 2019

MBBCh, MSc CU, PhD CU, MSc UCL, FRCS Ed, FRCS Glasg, FRCOphth
Consultant Ophthalmic & Oculoplastic Surgeon
Paediatric Lead Adnexal & Oculoplastic Service
Moorfields Eye Hospital & Great Ormond Street Hospital for Children - London

Dr. Abou-Rayyah is a specialist in Oculoplastics; management of eyelid, lacrimal and orbital disorders; ocular trauma; cosmetic eye surgery; and paediatric ophthalmology.
Click here for full bio.

Paul Geelen
Visiting April 20 - May 4, 2019

Ocularist

Paul has over twenty five years' experience making and fitting hand crafted artificial eyes. He has been a visiting consultant at Moorfields Eye Hospital Dubai since 2008 while managing his private clinic in Perth, Western Australia. Click here for full bio.

Dr. Mark Wilkins
Visiting April 27-29, 2019

MD, FRCOphth
Consultant Corneal Surgeon & Corneal Service Director
Moorfields Eye Hospital (London)

Dr. Wilkins specialist areas are cornea, cataract and refractive surgery in which he has researched and published extensively. Click here for full bio.

Key Speaker at Al Qassimi Ophthalmology International Conference – Dr. Giledi

Allergan
NOVARTIS
BAYER
Alcon
Jumeirah
EMIRATES TOWERS

Dr. Osama Giledi, Consultant in Cataract, Cornea and Refractive Surgery at Moorfields Dubai, was a key speaker at the 4th Al Qassimi Ophthalmology International Conference (QOIC) held in Dubai from March 7-9. Dr. Giledi provided lectures and workshops for Ophthalmologists and Optometrists, which were also live broadcasted to doctors in Yemen.

Signs that Your Child has a Vision Problem

Dr. Namir Kafil-Hussain, Consultant Paediatric Ophthalmologist, Specialist in Children's Eye Diseases, Strabismus and Paediatric Cataract Surgery, talks about the signs that your child has a vision problem, read below for more information.

Good vision is crucial to a child's education, development, future career and self-esteem and confidence. 80% of children's learning happens visually and according to the American Optometric Association, 1 in 5 children has a vision problem that affects their ability to learn.

Learning disabilities that are associated with vision problems include:
- spoken language – delays in speech development and speech disorders
- written language – ability to read, write, spell.
- mathematics – the ability to reason.

Read more

Collaborations - Corporate and Healthcare Facilities

We are continuously extending our service offering and preferential rates to corporates and healthcare facilities including healthcare facilities and corporates/loyalty card holders such as:

Lutfi Optical Centre

دبي للبترول
Dubai Petroleum

ALMAVITA
MEDICAL CLINIC

Please contact the hospital for detailed information on these corporate rates and discount offers.

If you are a healthcare facility and would like to refer a patient for specialist eye care, we have a dedicated team to provide advice and ensure a simple and efficient process for you and your patients.
Please visit https://www.moorfields.ae/dubai/referrals/.

If you represent a corporate or a healthcare facility and are interested in special offers from Moorfields Eye Hospital Dubai, please contact noor.albasri@moorfields.ae or maha.aboughali@moorfields.ae.

Walk-ins welcome Saturday to Thursday 8:30am to 5:00pm.

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